bone health hydration dental health energy balance caffeine carbonation sweeteners



### Coca-Cola

20 fl oz bottle



similar products





ingredients varieties nutrition **Nutrition Facts** Serving Size 1 bottle Servings Per Container 1 **Amount Per Serving** Calories 240 % Daily Value\* Total Fat 0g 0% Sodium 75mg 3% Total Carbohydrate 65g 22% Sugars 65g Protein 0g Not a significant source of fat calories, saturated fat, trans fat, cholesterol, fiber, vitamin A, vitamin C, calcium and iron.

\*Percent Daily Values (DV) are based

on a 2,000 calorie diet.

leam about nutrition labels ▶

#### calories

Simply put, calories are units of energy that foods or beverages provide your body.

Visit the Nutrients Glossary

## high fructose corn syrup

A sweetener derived from corn, high fructose corn syrup is a mixture of two simple sugars, glucose and fructose.

Visit the Ingredients Glossary

# sparkling soft drinks

Our dozens of sparkling soft drink brands provide refreshment, enjoyment and hydration in a wide range of regular, no- and low-calorie options and portion sizes.

Learn why variety matters

#### caffeine & you

You know it gives you a morning pick-me-up, but what is caffeine, where does it come from and is it safe?

Learn about caffeine

# did you know

Low-calorie beverages contain 40 calories or less per serving.

See the next fact

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